



Fourth Annual "Making Strides to Support Cancer Patients" Walk



A Non-Competitive Walk/Bike Ride to Raise Money for Cindy's Fund

Cost \$30.00 (T-shirt included) | Toddlers in Strollers Free (no T-Shirt)

Sunday, May 19, 2024 | Mountain Fresh Farmers Market Pavilion, South 1st Street, Oakland, MD 21550

Registration/Check-In: 12:00 p.m. Start of walks: 1:00/1:10/1:20 p.m.

Course: Participants may check in at noon. Beginning at the town pavilion, the walk will be in three stages to accommodate any fitness level. Trails will be mostly paved; however, some areas may have gravel or wood paths. Due to safety concerns, the walks will not include the climb to the cross and flag. The bike ride will occur at an earlier date determined by the Vagabond riders. Bikers will be called with information regarding the ride's date/time/start! Food will be available for purchase prior to and also following the walks. Proceeds go to the event, so come hungry!!! Sorry, no pets are allowed! BRING YOUR LAWN CHAIRS!!!

Registration: **By April 28, 2024, to be guaranteed the T-shirt OR Register at the event (T-shirt not guaranteed)**

\$30.00 registration includes a T-shirt and donation to Cindy's Fund

Register by April 1, 2024, for an Early Bird Discount!!! \$27.00 (by mail or drop off at any of the 5 locations below)

Make checks payable and mail them to Cindy's Fund, PO Box 182, Oakland, MD 21550, or drop them off at one of the locations listed below or register online through Active.com.

More Information: Great Strides or Cindy's Fund on Facebook. Email questions to greatstrideswalks@gmail.com.

Please print and mail this portion with a check by April 28, 2024, or drop off at Gregg's Pharmacy, Green Acres, Zip'eez, The Friendsville Public House, or Penn Alps.

Name (s) _____

Address _____

Phone _____ Email _____

I/We will participate in the following: 3-mile walk _____ 2-mile walk _____ 1-mile walk _____ Bike Ride _____

Adult T-shirt size: S ___ M ___ L ___ XL ___ 2X+\$3 ___ 3X+\$3 ___ Youth T-shirt Size: S ___ M ___ L ___

OR _____ Please consider my check a donation! (I don't need a shirt and/or I'm not walking)

Release: For and in consideration of my participation in the Making Strides to Support Cancer Walk and other valuable consideration, receipt of which is hereby acknowledged, I do hereby agree, on behalf of myself, my heirs, executor, administrator and assigns, to indemnify, release and forever discharge the organizing committee, Cindy's Fund, Great Strides, and all sponsors, their officers, servants, agents and employees of said organizations and volunteers associated with Cindy's Fund and Great Strides, jointly and severally, and to hold and save harmless from and against any and all actions, claims, demands, judgments, liabilities, suits, loss, damage or expense of whatever nature, including attorney fees, whatsoever in case of any death or personal injury, which may at any time be incurred by reason of my participation in or preparation (before and after) the aforesaid walk. I do hereby consent to the use of my name and/or photograph in connection with publicity about the race. HEADPHONES AND CELL PHONES ARE NOT RECOMMENDED. PLEASE, NO PETS ALLOWED.

X _____ X _____
Signature of Participant/Parent/Guardian (if under age 18) Survivor Signature of Participant/Parent/Guardian (if under age 18) Survivor

X _____ X _____
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Payment Method Cash \$ _____ Check \$ _____ # _____ Venmo \$ _____ @Gale-Bosley

This is a family event, and no alcohol will be permitted.